

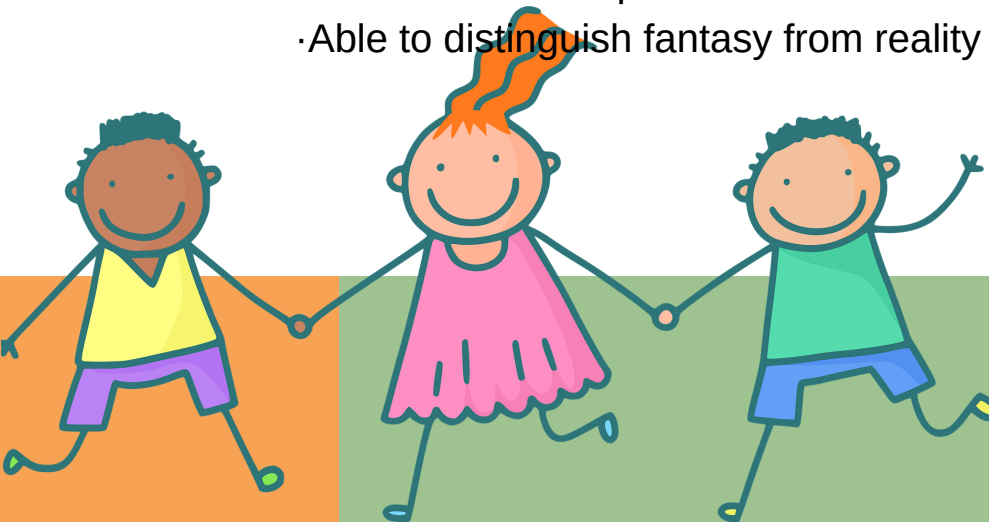
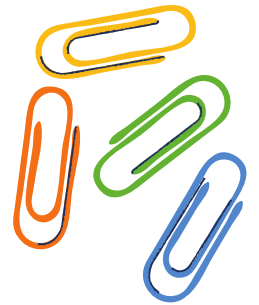
Do We Need OT?



OTs specialize in child development. Below are a list of typical milestones seen at various ages. If your child has not reached some of these milestones, OT may be beneficial for your family.

5 YEARS

- Stand on one foot for 10 seconds or longer
- Hops
- Somersaults
- Swings
- Climbs
- May be able to skip
- Copies triangles and other geometric patterns
- Draws person with body
- Prints some letters
- Dresses and undresses without assistance
- Uses fork and spoon and sometimes and table knife
- Cares for own toileting needs
- Wants to please friends
- Wants to be like friends
- Likes to sing, dance, act
- Shows more independence
- Able to distinguish fantasy from reality



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